

THE GROWING-UP GAME

The idea of this game is to show your players the ups and downs and ins and outs of navigating through the stages of life, and the best ways to react to those situations.

Preparations:

- Copy the adjacent page and cut out the 16 game cards. Shuffle them and put into a pile.
(This game can be reproduced so that it can be played in smaller groups or divided into teams.)
- Make as many copies of the game pieces as you have players/groups. Let each player personalize and color in his or her game piece.
- Use the following page as your game board in the packet. (Feel free to make several copies of the game board for easier play among larger groups.)

How to Play:

- Choose someone to START the game and have him or her choose the top card on the pile. Read the card out loud and do what it says.
- Continue on to the next player and the next, until everyone has had a turn.
- Reshuffle the cards when they have all been used and continue playing. If at any time a player is told to move back a number of spaces, and he or she is still at START, that player should remain at START.
- The first person to reach the FINISH line is the winner.



Game Cards

You raise your hand before answering a question.
Go ahead three spaces.

You throw a tantrum because you have a knot in your shoe that you can't untie.
Go back one space.

Your little brother or sister is eating a cupcake. You grab it from him or her and take a big bite without asking.
Go back three spaces.

Your teacher is passing out new pencils to your class. You stand in line quietly and wait your turn.
Go ahead two spaces.

You track mud into the house and don't clean it up.
Go back one space.

You feel cranky today (and that's okay) and pinch your friend (which isn't okay).
Go back two spaces.

You miss a goal and your hockey team loses the game, but you still feel proud of yourself for playing a good game.
Go ahead three spaces.

You are feeling silly today and decide to cheer up your little sister or brother who has a fever.
Go ahead two spaces.

You find a pretty bracelet on the sidewalk and give it to your mom so she can find the owner instead of keeping it for yourself.
Go ahead three spaces.

Your grandmother is visiting for the weekend and is making something for dinner that doesn't smell very yummy, but you try a bite anyway.
Go ahead two spaces.

Your friend shares her cookie with you and you don't tell her thank you.
Go back two spaces.

Your dad asks you to take out the garbage but you don't want to, so you tell your little brother to do it.
Go back two spaces.

You accidentally break your mom's favorite flower vase and blame it on your dog.
Go back three spaces.

You just got a balloon from your mom and your little sister wants to hold it—but she lets it go by accident. Instead of being mad, you laugh and both watch it go higher and higher up into the sky.
Go ahead three spaces.

You brushed your teeth and combed your hair this morning.
Go ahead two spaces.

You like yourself just the way you are.
Go ahead three spaces.

Game Pieces



